

**School on the move** in Primary school D. Cesarića

- school project
- eTwinning project School on the move, movement in the school

Idea came after our visit in Mutalan Koulu, Joensuu, Finland which is included in the project *Schools on the move*, Finland, like more than 50% schools in Finland.

We visited also Primary school Luisa Adamiča, Grosuplje, Slovenia which is included in the project *FIT Slovenia*.

In Germany there is a project *Bewegte Schule* and our wish is to visit one of them and learn more too.

#### ABOUT THE PROJECT

The purpose of the School in Movement project is to increase students' physical activity during their stay in school and outside PE classes and sports activities.

Our wish is to develop a habit of regular movement.

Through application of methods and processes including physical movement in the curriculum we want to augment students' intrinsic motivation and improve the quality of adopted teaching materials, while encouraging the students to actively participate in class.

By fulfilling children's natural need for movement we want to reduce the appearance of undesired behaviours. We want to motivate in children the participation in organised games as a developmental element of social skills and emotional intelligence.

Through mutual support and exchange of ideas we wish to implement the idea of daily regular movement in school.

#### OPERATING PROCEDURE

During their stay in school the teachers from partner schools will stimulate students using active methods in class and by offering games and sports equipment. Every teacher will conduct said activities in their department throughout the duration of class. In our school during the recess students will be able to borrow equipment by leaving their phones for safekeeping in the library, and in the school hall during the main recess they will be able to dance to 'Just Dance'.

The teachers involved are expected to exchange the most successful activities and ideas through description, photos or videos. Activities have already started in some of the departments of the schools that are commencing with the project. We expect that by the end of this year we will be joined by most of the elementary education teachers in schools involved so far, and even more schools from Croatia and abroad

#### EXPECTED RESULTS

We anticipate that the active work methods in curriculum will become an indispensable part of regular classes, which will increase intrinsic motivation, contentment at work, better connection within the class community and prevent diseases linked to insufficient motion.





